

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Jay-Jay Blom

Has successfully participated & completed the

Solo Heifer Cowhouse Cross Duathlon 2019 #2

held at Cowhouse Market.

**TIME** 00:38:43

**PACE** 03:51/km

**OVERALL** 2 of 9

**GENDER** 2 of 5

< 13 2 of 4

07 April 2019, Sun

Date



BoutTime

Signature